



SAFEGUARDING IN SPORT

SUPPORT RESOURCES AND RECOMMENDED READINGS

This document provides selected reading materials, frameworks, and online resources to help organisations strengthen their safeguarding approach. The list includes both international standards and practical tools accessible to sport clubs, federations, NGOs, schools, and municipalities.

Disclaimer:

The resources listed below are provided for information and inspiration only. They represent a selection of publicly available materials intended to support learning and knowledge sharing on safeguarding in sport.

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1 EDUCATION, TRAINING & AWARENESS RAISING

Practical courses, campaigns, and learning materials to build safeguarding knowledge and awareness.

■ **Council of Europe – Start to Talk Campaign**

Awareness campaign to break the silence around abuse in sport. Includes toolkits, videos, and multilingual resources.

<https://www.coe.int/en/web/sport/start-to-talk>

■ **IOC Educational Resources**

- Draw the Line educational course for young athletes

<https://drawtheline.olympics.com/>

- IOC Consent in Sport Video, safeguarding essentials and safe sport materials

<https://www.olympics.com/ioc/safe-sport>

■ **Safe Sport International – Courses and Resources**

Free webinars, courses, and toolkits for coaches, administrators, and safeguarding officers.

<https://www.safesportinternational.com/courses-and-resources/>

■ **FIFA Guardians™ Programme**

Global safeguarding toolkit and e-learning platform for football stakeholders.

<https://safeguardinginfootball.fifa.com/>

■ **Terre des Hommes Europe – Child Safeguarding in Football**

Practical guide for sport and development NGOs.

<https://tdh-europe.org/en/child-safeguarding-football>

■ **Play by the Rules (Australia)**

Short online courses and videos on inclusion, integrity, and child safety in sport.

<https://playbytherules.net.au>

■ **Safeguarding in Sport for Development (Common Goal)**

Online course for NGOs and community-based sport programmes.

<https://common-goal.teachable.com>

■ **Safe Sport Allies**

Resources and bystander training tools to promote active safeguarding behaviour in local sport clubs

<https://safesportallies.eu>

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POLICY, STANDARDS & ORGANISATIONAL SELF-ASSESSMENT

Guidance and frameworks for developing policies, codes of conduct, organisational self-assessment and governance standards.

- **International Safeguards for Children in Sport**
The global benchmark of eight safeguards, including checklists and self-audit tools.
<https://www.sportanddev.org/research-learning/guiding-toolkits/child-protection-and-safeguarding>
- **International Safeguards for Adults in Sport**
Framework for protecting adults, particularly vulnerable populations, in sport.
<https://www.safesportinternational.com/standards/international-safeguards-for-adults-in-sport/>
- **Child Protection in Sport Unit (CPSU, UK)**
Templates, event checklists, and practical guidance for clubs and federations.
<https://thecpsu.org.uk>
- **Ann Craft Trust (UK)**
Safeguarding Adults in Sport Framework, roadmap, templates and other resources.
<https://www.anncrafttrust.org/safeguarding-adults-sport-activity/>
- **Safe Sport Commission Singapore**
Policy templates, safe-recruitment guidance, and reporting toolkit for sport organisations.
<https://safesport.sg/resources>
- **Council of Europe – Child Safeguarding in Sport Resource Centre**
Policy models, educational materials, and self-assessment checklists.
<https://pjp-eu.coe.int/en/web/pss/resource-centre>

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ADVOCACY, REMEDY & SURVIVOR VOICE

Resources supporting survivor participation, advocacy, and human-rights-based approaches.

- **Center for Sport and Human Rights**
Guidance on remedy pathways, athlete welfare, and human-rights due diligence in sport.
<https://sporthumanrights.org/>
- **Sport & Rights Alliance (SRA)**
Advocacy network advancing accountability, survivor voice, and human rights in sport governance.
<https://sportandrightsalliance.org/>
<https://sportandrightsalliance.org/athletes-network/>
- **VOICE Project (EU)**
Resources on including survivors' lived experiences in policy and education.
<https://voicesfortruthanddignity.eu>
- **CPSU – Engaging People with Lived Experience**
Guidance on safe and meaningful participation of survivors in safeguarding policy and practice.
<https://thecpsu.org.uk/resource-library/best-practice/engaging-people-with-lived-experience-of-childhood-sexual-abuse>
- **IOC Safeguarding Officer Search Tool**
Interactive Safeguarding Directory makes it easy to get in touch with safeguarding officers from National Olympic Committees (NOCs), International Federations (IFs), and many other organisations.
<https://www.olympics.com/athlete365/articles/safesport/safeguarding-directory-x1899>
- **Safe Sport Regional Hub Initiative**
Building localised approaches by the region, for the region, addressing its specific needs.
<https://www.olympics.com/ioc/safe-sport/safe-sport-regional-hub-initiative>

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RESEARCH & KEY ACADEMIC LITERATURE

- **IOC Consensus Statement on Interpersonal Violence and Safeguarding in Sport (Tuakli-Wosornu et al., 2024)**
Defines violence in sport as a public health issue and outlines a global prevention framework.
<https://bjsm.bmj.com/content/58/22/1322>
- **IOC Consensus Statement on Harassment and Abuse in Sport (Mountjoy et al., 2016)**
Landmark publication defining forms of abuse and calling for systemic prevention measures.
<https://bjsm.bmj.com/content/50/17/1019>

IF YOU ARE IN URGENT NEED OF HELP OR
AT RISK OF HARM, PLEASE REACH OUT TO
A LOCAL HELPLINE OR EMERGENCY NUMBER.

IF IT'S NOT SAFE TO DO SO,
SEEK A TRUSTED ADULT, COLLEAGUE,
OR SAFEGUARDING OFFICER.

NEED HELP OR SUPPORT?

If you or someone you know is experiencing or witnessing violence, abuse, or exploitation in sport, you are not alone. Help and confidential support are available.

INTERNATIONAL HELPLINES

- **Child Helpline International**
Directory of national child helplines in over 130 countries
<https://childhelplineinternational.org/>
- **UNICEF Helpline Directory**
National child protection and support services
<https://www.unicef.org/lac/en/helplines-cases-of-violence>
- **Mental Health & Crisis Support**
Global Directory
<https://findahelpline.com/>



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